

# Miraculous Door from Archangel Michael Attunement

*Founded by Marijana Gabrielsen*



The Miraculous Door from Archangel Michael is a meditative technique that is useful especially for beginners when it comes to energy work.

It will help show you the true potentials of meditation and how you should meditate.

The energy will help guide you into a deep meditative state where you will become connected with your inner being, your soul, and your deepest desires.

It will help purify your mind from unnecessary thoughts and worries.

Activating this energy in meditation will help you to meditate better! Not only for the beginner but for anyone who has a problem with too many thoughts while meditating.

Further, expect to be shown images that might be important for you from the angel realm.

So be open to receiving information and creative thoughts and ideas.

To activate, mentally state once: “Miraculous Door from Archangel Michael Attunement.” This will activate the energy and run for as long as needed!

You can meditate with this energy for as much as you like. If you are a beginner, start meditating for shorter periods. If you are an experienced energy worker, it can be for a longer time, for example, half an hour.

### Passing on the attunement

Have the receiver preferably sitting on a chair, with hands in prayer position.

Hold the receiver’s hands and think “Miraculous Door from Archangel Michael Attunement”. Hold this position until you feel a sense of completeness.

Then you are done and can proceed to the next if there are more receivers.

For distant attunements simply imagine that you are holding the receiver’s hands.

When you are done, use the *disconnect* and *grounding* exercises explained in this manual.

### Disconnect

When performing attunements and healing sessions, you connect to the person you are sending energy to. Cutting the etheric threads that are created is important. If you do not do this, staying connected to that person is possible. This could result in the draining of your energy.

All you have to do when finished with the healing is to make a fast “karate chop” in front of you while saying something like “Cut all threads!” Do this one to three times. Often after doing this, you will most likely feel relief.

### Grounding

After cutting threads, it’s good to do a grounding exercise. If you have outside access, stand on the ground bare feet and mentally say, “I now ground!” Stand for two to five minutes. If you do not have access to the ground or it’s just too cold, just imagine that you are standing on the ground.

This is an important exercise to do to balance yourself after a healing session because if you have accumulated too much energy in your body, it could result in a headache. If you have too little energy, it could result in tiredness. Grounding will either relieve you from being overenergized or give you new energy.