

# Angelic Intervention Reiki



By Caroline Todd



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Reiki attunements are wonderful exchanges of energy between one soul and another given by the Great Divine Source. Remember always use healing energies for the good of self and others.



Feel free to pass this manual to students but it must remain in its entirety and an energy exchange of some kind take place. Nothing to be added or removed without the written permission of the founder, Caroline Todd.



## Price

There is no flat rate for this energy system attunement as I feel people should be able to access the healing energies regardless of the size of their pockets. However, I do recognize that some people may consider something that is reasonably or low priced as inferior to something that is highly priced, therefore I suggest a selling price of £15 but not more than £45 (or the equivalent in foreign currency). You may choose to reduce the price or give it away for free BUT you may not charge an extortionate amount of money to attune others.

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## What Are Angels

We all have our own idea about how angels look. There is the stereotypical angel with wings that is recognized the world over, but why have they been depicted in that way? Angels are messengers of God that live in another dimension. They are spiritual beings and they do not have a physical form.

However, they can adopt a form that we can recognize, and over the years the stereotypical “angel” form is what we associate with them. However, they could just as easily appear as a zebra or an energy ball of light.

There are many, many angels and we will only cover some of them. As you work with angels you will discover exactly who to call on for what kind of help.

### **Help Is At Hand**

The role of an angel is to assist. However, they are unable to intervene without our asking for their help, as we have free will. Even if your guardian angel can see a problem that may result in a detrimental event, they cannot intervene unless requested. Such is their role.

### **Guardian Angels**

Everyone has a guardian angel that is assigned to them prior to their birth. There will be times that other angels dip in and out of your life, but your guardian angel will be with you lifelong, even beyond this physical life as we know it, for they are assigned to you for eternity.

### **Angels For All Occasions**

There are also a host of other angels that can be called upon to help with certain situations. As with humans, each angel is different and unique. They each have their own ability and area of expertise. The difference is that they know exactly what their role is and how to help. We will cover just a few of the angels and their roles a little later so you know who to ask for what intervention.

## **Guidance And Protection**

Angels will help you in any way they can. They can guide you into and out of situations. They can protect you when needed and they can also communicate with you to offer philosophy and words of wisdom. You do not need to be religious to believe in angels or to call upon their help, but if you are religious you can use that energy to make contact with them.

Angels will appear to you in whatever form is more appropriate for you. There would be little point in an angel appearing in the traditional angel stereotype, if you did not believe in this, but if you believed in energy, they could appear as a ball of energy or light, if that was more appropriate for you.

You will have seen or read lots of accounts over the years where their presence was felt, heard, seen, etc., and the accounts will widely differ from each other in all respects but one. They helped.

## **Do You Believe?**

One of the first ways in which you can communicate with angels is to believe. If you do not believe in angels then they will not be able to help, work or communicate with you until that core belief has been removed, or at least set aside.

As long as you have an open mind you are ready to receive incredible insights. Unfortunately, in today's world we put great store on everything we see and have difficulty in connecting with the unseen. Social media has done little to help this, but there are many sites that can help encourage your belief system to increase.

You don't have to be able to see angels to believe in them. Some people just sense them by changes in temperature in the air around them, or a feeling of complete love that is overwhelming and comes out of the blue (or if you are communing with them). To start with just have an open mind.

## **Being Aware**

Many people are aware of the presence of angels but not consciously connected to them. For example, feeling the presence of love, or feeling a complete and utter sense of joy, gratitude, upliftment, even in times of hardship or pain. Perhaps you have noticed orbs, or energy balls, flashes of colour, or even a sense of the daylight brightening. You may have noticed movement from the corner of your eye that has disappeared when you looked in that direction. These are all indications that the angels are trying to make their presence known and are ready to work or communicate with you.

## **Do You Need Proof?**

We find it so difficult to just believe and need proof. Some people ask for proof and the angels will oblige but they may not give the kind of proof you expect. For example, one of the most common indicators of angels being nearby is white feathers, but this is by no means the only proof. Be open to ideas, sounds, sights, smell (flowers, nature – not perfume or aftershave!), tastes.

You may notice a repetition of a certain number when you look at a clock. Or you may open a book with a passage that is very relevant to your thoughts. You may even find yourself on a website unexpectedly that validates an angel's presence. Just be open to what is around you. Be mindful and present in your life.

## **Negative Inclinations**

Just a short word about negative outcomes. If you ask the angels for help for some negative purpose, then they will not help. Their role is of upliftment and to help raise vibrations for the good of all. They will not intervene if what they are being asked to do will be detrimental to another's wellbeing. All things are interconnected, and everything has an effect on everything else, like cogs turning.

So, for example, if you ask the angels for help being offered a job instead of it being offered to Joe Bloggs, then they will not help because your intention is not positive. You are seeking to directly affect another's path. However, if you ask the angels to help you get a job that serves your highest good, then they will intervene because it will not impact directly on another person. All things are divinely present.





## Asking For Angelic Intervention

Asking for angelic intervention is really very simple. There are those that like to engage in a full ritual or get into a certain frame of mind, and that is fine. However, there may be times that we need their help and are nowhere near a meditative state or relaxing music.

In fact, most people will request the help of an angel when they are under the most stress. You can do this easily with this attunement. You do not need to have communicated with angels before this time – angels are not previous about relationships with then. If you need them, they will always help in the way they can.

For example, I often ask for a parking space, especially if I am in a hurry to get somewhere. Very often (9 out of 10) times I can usually find one without going out of my way. Indeed, sometimes it is the last space, or sometimes it is the only space being vacated as another car is leaving.

However, I am aware that I may not be the only person asking for help with this – which is why it will not happen every single time, especially if it is conflicting with what someone else is asking for. If two people are asking for the exact same thing (example parking space) then the angels will grant the plea of the one that is most in need. I accept that and so I always thank the angels for their help in whatever I have asked for, even if on that occasion it has not been forthcoming. If someone else's need is greater, then it is right and just that they should be heard.

### **Angel Relationships**

If you are in a situation and call to an angel that you believe would help with that situation, it may be that the angel knows that a different spiritual being would be more appropriate, and they will that either work with that angel to help you or will summon that angel for you. Again, it does not matter whether you have called on angels for help before or every again Their sole purpose is service.

### **Daily Gratitude**

Once you are on a positive path then get into the habit of giving thanks to the angels on a daily basis. This not only strengthens your bond with the angels but also draws more positivity into your life too.

### **Becoming More Positive**

A side effect of communicating with angels is that your whole outlook will change. You will feel more positive about life and situations in general because you will have a “knowing” that everything will work out. You know you can ask for help at any time and that help will come. A change in attitude and outlook will also spill out into your daily life and will affect everyone you connect or come into contact with. Positivity breeds positivity – so you will help with raising the vibrations of everyone around you. Just imagine if everyone did that – what a wonderful world we would have. It all starts with just one step.



## The Major Archangels

Different religions have differing numbers of archangels: some say 3, some say 7, some say 15. I am sure there are many more that we are unaware of, but for now we will focus on the 4 main archangels that are most familiar to everyone.

These 4 archangels are the cornerstone of the angelic realm and all pleas for help will go through them to reach other archangels or angels. Think of them as being the bosses that assign work to others.

You can call directly to an angel or other archangel for help or intervention, but the request will be heard by one of the four. The 4 main archangels are:

### **Archangel Michael**

Archangel Michael is known as the protector and is often depicted with a flaming or golden sword. Archangel Michael's colour is blue.

### **Archangel Raphael**

Archangel Raphael is known as the healer and is associated with the colour is green.

### **Archangel Gabriel**

Archangel Gabriel is known as the messenger for God and governs communication and is associated with the colour white.

### **Archangel Uriel (Auriel)**

Archangel Uriel is known for service to God and nature and is associated with the colour purple.



## Table Of Angels And Archangels

Here is a table of some of the most common problems and the associated angels and archangels that will help you with that. This is by no means comprehensive, and as you work with angels you will find the most appropriate angel to help with your own individual problem.

If you do not feel that the angel listed in the reference below is the correct angel to help with your problem, then make your plea or prayer to the angel or archangel that you feel is the correct one. Let yourself be guided by the angels.

Abundance - Archangel Zadkiel	Animals - Angel Haniel
Beliefs - Angel Arad	Broken Heart - Angel Mupiel
Calming Emotions - Angel Phuel	Changing Jobs – Angel Nadriel
Communication – Archangel Michael	Connection With God – Archangel Uriel
Courage – Angel Camael	Depression – Angel Sabaoth
Developing Intuition/Psychic - Archangel Asariel/Ariel	Empowerment – Archangel Metatron
Fertility – Angel Yusef	Financial Help – Angel Vasariah
Finding Lost Items – Angel Rochel	Finding Lost Pets – Archangel Chamuel
Forgiveness – Angel Phanuel	Fulfilling Wishes – Archangel Sandalphon
Harmony – Angel Cassiel	Healing – Archangel Raphael
Joy – Archangel Haniel	Leadership – Angel Verchiel
Making Decisions – Archangel Zuriel (Jophiel)	Manifesting – Archangel Melchizedek
Moving House – Angel Nadriel	Protection From Psychic Attack – Archangel Melchizedek
Public Speaking - Archangel Gabriel	Recovering From Illness – Angel Farass
Removing Negative Emotions And Feelings – Angel Phaleg	Starting New Projects – Angel Geniel
Stress/Worries – Angel Ladiel	Understanding - Archangel Jophiel
Universal Peace – Archangel Shekinah	Wisdom – Archangel Zadkiel

## How To Receive The Attunement

When you feel the time is right for receiving your attunement ensure you will not be disturbed. That means locking the door, turning off the telephone and asking anyone who may be present in the house to leave you alone for a short time! You will need around 30 – 50 minutes for the two attunements. These times may vary of course but it just gives you an idea.

You might like to make a bit of a ritual for yourself, light a candle or two, or some incense, put on some relaxing music, etc. In fact, anything that helps you relax and makes it a sacred space for you. Many people like to follow a Native American Smudging process, this can be a lovely and welcoming idea, but is not strictly necessary.

When you are ready, settle yourself down in a comfortable position, sitting or lying – your choice, and start to relax.

Once you are comfortable take in three nice long deep breaths and say (aloud or silently – your choice)

*“I am now ready to receive Angelic Intervention Reiki being sent to me by  
Caroline Todd (or the name of your Reiki Master here).”*

Then simply relax and let the attunement take place. You may feel immediate energies, such as buzzing, or calmness, warmth, coldness, a breeze, a stillness, silence, alertness. In fact, there are many different ways the energies can manifest their presence.

Sometimes you may not feel anything as the energies can be so subtle. That, too, is usual.

When you feel you have received all the energy for the attunement you can get up and blow out the candles, etc and enjoy your day.

If you fall asleep then do not worry, this is quite common. By saying the words to receive the attunement before falling asleep you have already set the intention in motion and you will still receive the attunement energies. This process will continue until you have absorbed all the energies, regardless of whether you are awake, asleep or somewhere in between.

During the attunement process or afterwards you may be aware of changes or you may not immediately notice anything. This also is normal, however, rest assured if you have followed the instructions you will have received the attunement energies and the changes will start to unfold.



## Attuning Others

In my opinion it does not matter if the person you are attuning has studied Reiki or not. In fact, it does not matter if you are a Reiki master or not. The only important thing is the intention to receive the energies. The person you are attuning does not need to be able to visualize anything to receive these energies either.

If you want to attune others in person or by distance attunement, then you may already have a ritual you like to follow, if not you can use the following or adapt any other you feel fits your ethics.



## In-Person Attunement

Ensure the room is a suitable temperature and you can put on music, light candles, etc. Sit your client in front of you and when you are ready to pass on the attunement to them call upon your own higher self/divine deity/God/Goddess, Ultimate Source or whatever you choose to call the higher being you work with. Visualize the symbol between the palms of your hands and when you are ready place both hands on your client's head (or around the head if you or they prefer) and say:

*"I ask my Higher Self (ultimate source, etc) to pass Angelic Intervention Reiki to **name of client here**. May they find their true pathway and use the energies in love and healing for the good of all".*

If you are used to working with healing energies, you may notice the energy of the client changing in colour, size or density and it may encompass the whole body. You may also notice the energy going through your hands, or you may not, but all is well either way.

If you do not see any changes do not think the attunement has failed; some people see energies in this way and others do not.

Some people are aware of certain feelings, or sounds, but others do not. Everyone has their own unique way of sensing and there is no right or wrong way. The most important thing is giving the attunement with a pure heart and an intention for it to help the person.

Be confident that you are passing the attunement on to the other person. If you are connecting with your higher self with the intention of giving the attunement, then the energies are passing from you to the other person. Trust in your abilities.



By bestowing the attunement on another person, you are giving them the tools to help themselves and others. This is a very precious gift indeed.

There are many people who work with energies that say there are certain ways to pass on energies to another person and that is the only way. It is not.

No matter what any Master tells you, nothing is ever set in stone. If you have a different way of giving attunements or healing energies, then please use it. Your higher self has directed you in this process and it will be more effective than any other way you are asked to use. Always trust your own instincts and if something does not feel right then do not follow that direction or instruction.

Your higher self knows the best way for you to use your gifts to help others, therefore, trust your intuition.

Always remember to thank your Higher Self, Divine Source self or angels for their help.



## Distance Real Time Attunement

You may want to attune others by distance attunements rather than in person. These are just as effective attunements and one of the benefits are logistically you can send an attunement to someone at the other end of the earth in a completely different time zone and they will still receive the energy.

If you have pre-determined a time with a client then ensure they are aware of the time and ensure they are ready. One of the problems with real time attunements is that people can be quite undisciplined, or life can get in the way of the appointment time and they may forget. This can be quite frustrating as you sit giving the energies out to them and they are not sitting at the same time ready to receive.

If at all possible, ask them to relax a few minutes before the appointment time so they are in the right frame of mind to receive the attunement.

When sending energies in real time, some healers like to have a photograph of the person they are sending the attunement to. Others prefer to have the person's name and location and use an object to represent them. Either of these options is fine, or you may have a way of sending the energies yourself as before, use the way that is best for you.

Make sure you have relaxed enough before the appointment time as there is no point trying to send healing attunement energies if you are in a distressed state or are pressed for time.

At the appointed time, when you are ready take three deep breaths and imagine linking with your higher self. Some people can automatically do this and do not need to visualization, but for others they need to feel the connection. Just do what is right for you.

Once you have connected to your higher self, feel (or imagine you feel) the energies running down into your hands or your heart. Some prefer to send energies directly from the heart, whilst others prefer using the hands; either is fine. Once you have the energies in either of the centres you choose (hands or heart) intend it towards the crown chakra of your client or the object you are using to represent your client.

You can even say something like the following if you prefer:

*“I ask my Higher Self (ultimate source, etc) to pass Angelic Intervention Reiki to **name of person and their location**. May they always connect with the angels and archangels in love and healing for the good of all. I ask that the energies I am sending are no stronger than they can accept at this time.”*

Always remember to thank your Higher Self, Divine Source self or angels for their help.



## Sending Chi Ball Attunements

The attunement can also be prepared in advance into a chi ball ready for your client to call in at their convenience.

To create a chi ball of energy, sit in a calm frame of mind. Draw your two hands together and slowly pull them apart. You should notice a slight tugging, or some people feel it as a building or a resistance between the palms. It could be warm, or it could be cool if you feel it in temperatures. This is the energy you are going to mould into a chi ball.

Mould the energy into a round orb or ball and take a couple of deep breaths (feel your chest rise and fall) and gently blow into the energy ball and whilst you do this focus your attention on positivity and harmony.

If you wish to ask your guides and inspirers to blend with you then you can do this now.

That done you can intend the energy ball to have a colour(s) (if you wish – no hard and fast rule here); perhaps you want to give it a sound, or a seal, etc. Then you can add the symbol to the energy ball.

Next, you need to intend the name of the person you are creating the energy for. Say something like:

*“I ask that (**name of person and their location**) be attuned to the energies of Angelic Intervention Reiki for their greater good. I ask that the energies of the attunement are placed within this energy chi ball and that the energies are kept strong until (**name of person and their location**) calls in this attunement. I ask that the energies I am sending are no stronger than they can accept.”*

Then visualize the energies being placed in the chi ball. It does not matter in what form you sense the energies. Once you feel it has everything that you want to add to it – it is complete. I like to imagine the ball being closed (or sealed) with a different energy light and a symbol of my own but you don't need to if you don't want to.

Finish by saying:

*“And so be it. Thank you, Thank you, Thank you.”*

Next take a deep breath and intend the chi ball to go out into the universe to the person who will be receiving it.

Always remember to thank your Higher Self, Divine Source self or angels for their help.



## Using Angelic Intervention Reiki

Once you have received your attunement then you are ready to use the energies to help you. You can, of course, connect with angels and archangels at any point and you do not need an attunement to do that, but by receiving the attunement you are already forging a relationship with the archangels and angels in advance of any work with them and it will help strengthen the connection.

Use the short table of angels and archangels that help with specific issues and purposes. When calling on the angels and archangels for help, you must ask for them by name, eg. Archangel Michael, or Angel Phaleg. This will ensure that your request reaches the correct angel or archangel and is not intercepted by other beings impersonating them.

You can use this energy any time you want. You connect with the angels by intention. When you need help with a problem or for a certain purpose say:

*“Thank you (**name of angel or archangel**) for helping me with (**name of your problem**).”*

By thanking the angels and archangels in advance you are demonstrating that you believe in their presence (to yourself and the angel world) and you are confident that they will help you with what you seek.

If you have any questions or need any help, then please contact me:

Caroline Todd

[info@reiki-attunement-courses.com](mailto:info@reiki-attunement-courses.com)

[reiki-attunement-courses.com](http://reiki-attunement-courses.com)



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